

Branch 445 Bulletin Royal Canadian Legion

345 Lansdowne St
Callander ON POH 1H0
Office: 705 752-3773 Lounge: 705 752-1322
www.callanderlegion.ca

December 2016



Seasons Greetings



Legion



<u>Branch Executive</u>		
President	Glenn Bennett	705 752-5923
Past President	Don MacDonald	705 497-3103
First Vice	Caven Ford	705 752-2951
Second Vice	Nancy Clark	705 752-5689
Third Vice	Brian Villeneuve	705 752-1813
Treasurer	Kathy Landon	705 752-5365
Secretary	Joanna Jacobs	705 752-2951
<u>Elected & Appointed Executive Committee</u>		
Membership	Marc Picard	705 752-4780
Sgt. At Arms and TOD	Steve Larocque	705 776-1625
Poppy Chair	Nancy Clark	705 752-5689
Bursaries	Brian Villeneuve	705 752-1813
Bar	Caven Ford	705 752-9251
House and Property	Jim Landon	705 752-5365
Banquets	Amanda Hiscock	705 471-9469
L.A. Liaison	Don Bickerton	705 752-2204
Bylaws, Honours & Awards	Don MacDonald	705 497-3103
Seniors	Jack Else	705 752-2351
Pipe Major	Matt Plant	705 724-6535
Nevada/Lottery	Bill Bowman	705 478-9718
Sick and Visiting	Tony Gagliardi	705 752-2867
Over 50 Club Liaison	Irene Lewis	705 491-2216
Sports	Alan Clark	705 752-5689
Service officer	Patricia Burton	705 476-4726
Audit/Finance Committee	Karen Duquette	705 497-3135
Bulletin	Joanna Jacobs	705 752-2951
Website	Caven Ford	705 752-2951
Youth & Education	Bill Bowman	705 478-9718
1st Callander Scouting Rep	Caven Ford	705 752-2951
Public Relations Officer	Richard Rhindress	705 752-3935
Fundraising/ Special Events	Bill Wilson	705 752-0470
<u>Ladies Auxiliary Executive</u>		
President	Marion Smith	705 471-6819
Past President	Irene Lewis	705 491-2216
First Vice	Nancy Clark	705 752-5689
Second Vice	Lynne Lavigne	705 752-3191
Secretary	Denise Robertson	705 494-5475
Treasurer	Amanda Hiscock	705 471-9469
Sgt. At Arms	Marg Prudhomme	705 477-8144
Sports Officer	Kim Cameron	705 752-4188

PRESIDENT'S REPORT

Thanks for all the support in making the Remembrance day service another great one for Callander Branch 445 and all our members. When we work together we can accomplish great things.

December is here and Christmas is right around the corner, please enjoy it with family and friends. Please don't drink and drive.

If you don't have any family in the area, maybe you could spend some quality time with a veteran. Remember them at Christmas and see if they need anything, like having to go to the store, needing their driveway shovelled just to mention a few.

Come out and enjoy New Years with us, we will be having a great party as always, and remember the Levee on Jan 1st 2017. Come and have some lunch, listen to some music and enjoy friends.

Enjoy your Christmas and see you in the new year, at your branch - the friendly one, Branch 445. Merry Christmas to everyone.

Yours in Comradeship, Glenn Bennett, President



LADIES AUXILIARY REPORT

As the year 2016 closes I reflect on our accomplishments, and there are many. The Callander girls proved their dart skills once again with Amanda, Marg and Emma going to provincials. Best of luck ladies, bring home the ultimate hardware!

I want to say how proud I am of our elected executive. This talented group of ladies prove month after month their dedication to the Ladies' Auxiliary. They are a tireless team who make things happen, support our purpose and make my role as president an honour and a privilege.

During this Christmas season keep those who are fighting to get well in your heart and prayers. If you can visit a veteran in a nursing home I know they would love see you over the holidays. Veterans served their country which means they served all of us, a visit is a perfect way to say thank you.

May your Christmas be filled with light and love. Enjoy your family and friends, watch the little ones express wonder and glee and take some time just for yourself.

Have a very Merry Christmas!
Marion K. Smith, President





THANK YOU!

We would like to thank all our members and volunteers for a wonderful year. We couldn't have done it without people like you. Your support and willingness to volunteer around the branch is greatly appreciated. Together we make great things happen.

Wishing you and yours a very Happy Holiday and a wonderful New Year full of health, joy and prosperity.

Your Branch 445 Legion Executive

SICK AND VISITING

It is with great sadness that I report Comrade Marilyn Hall, a previous president of the branch, has passed away. Comrade Don Bickerton lost his sister and Comrade Scott Symons lost his brother. Al Borden is currently in the hospital, he has had several surgeries and is not doing very well. There are currently many Comrades sick and recovering that could use our well-wishes and prayers. Comrade Marion Smith has broken her wrist. Comrade Bruce Mills is recuperating after pneumonia and a broken leg. Scott Symons is also at home recuperating. Comrade Lynn Lavigne and Leslie Cerisano are battling cancer and both undergoing chemo treatments. Comrades Pearl Bowes and Rolly Corriveau are at Nipissing Manor, Len Guppy is at Eastholme and Mickey Gardiner is at Cassellholme.

Sick and Visiting Chair, Comrade

Tony Gagliardi



CALLANDER LEGION PIPE BAND

The Callander Legion Pipes and Drums Band is looking for pipers and drummers! For further information, please come to any practice or call me at 705 724-6535. The Band meets every Wednesday evening at 7pm at the Callander Legion.

Yours in Comradeship, Pipe major, Matt Plant



OUR LEGION NEEDS YOU!

The season is upon us again where we are in great need of some help. We are looking for volunteers to help with dine-ins and functions throughout the holiday season. You do not need to be a member of the branch to help out. This is the perfect opportunity for high school students looking to complete their volunteer hours. If you or someone you know is interested in helping out please call our Banquet Co-ordinator :

Comrade Amanda Hiscock at 705 752-3773.

Leave a message with your name, call back number and availability. It is only through the help of volunteers that our Legion can be successful. Come on out and give it a try! We have fun!

Branch 445 Scrapbook



Top Left: Comrade President Glenn Bennett receives the Canada 150 Medal on Remembrance Day. Top Right: Our Colour Party visited Ferris Glenn School for a Remembrance service. Bottom Left: Our band endures the cold during this years Remembrance day Ceremony at the Cenotaph. Bottom Right : Comrades LA President Marion Smith and LA Vice President and Legion 2nd vice president Nancy Clark lay a wreath

Branch 445 Scrapbook



Left: Comrades Marc Picard, Steve Laird, Mike Taylor and Kim Lennips at this year's Remembrance day Service.
Top Right: 1st Callander Beavers and Cubs would like to wish all our members a Merry Christmas.
Middle Left: Remembrance Day Ceremonies at the Centotaph.
Middle Right: Our Parade to the Centotaph on Nov. 11th.
Bottom: Another successful painting party at Branch 445

December 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 General Meeting 7pm	2 Roast Chicken Back in Tyme Friday Night Fun Darts Yoga 9:30 am	3 Turkey Bingo 7pm
4 Children's Christmas Party 1pm Don & Friends 1pm	5 Exercise 10am Cards 1pm LA Meeting 7pm NDL 7pm	6 Fiddlers Pool league Crib 7pm	7 O/50 Darts & cards Tai Chi 10am Wed Afternoon Darts Band Practice - 7pm NB Dart League	8 O/50 Christmas Dinner 5:30 Seniors room booked	9 Schnitzel Black Bird Friday Night Fun Darts Yoga 9:30am	10 Goodyear Christmas Party
11 NDL turkey shoot 11am	12 Exercise 10am Cards 1pm NDL 7pm Scouts Caroling	13 O/50 Meeting 10 am Pool League Crib 7pm	14 O/50 Darts & cards Main Hall Booked Band Practice - 7pm NB Dart league	15 Executive Meeting	16 Roast Beef Back in Tyme Friday Night Fun Darts Yoga 9:30am	17 LA Christmas Party
18 Hydro Retirees dinner	19 Exercise 10am Cards 1pm NDL 7pm	20 Pool League Crib 7pm	21 O/50 Darts & cards Wed Afternoon darts Band Practice - 7pm NB dart league VON foot clinic	22	23 TBA Legends Friday Night Fun Darts	24 Christmas Eve
25 Christmas Day Legion closed	26 Boxing Day Legion Closed	27 Pool League Crib 7pm	28 O/50 Darts Band Practice - 7pm NB Dart league	29	30 TBA Back in Tyme Friday Night Fun Darts	31 New Years Eve Bash 8pm



January 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Years Levee	2 LA Meeting 7pm NDL 7pm	3 Fiddlers Pool League Crib 7pm	4 O/50 Darts & cards Band Practice - 7pm NBDL 7pm	5 General Meeting 7pm	6 Roast Chicken TBA Friday Night Fun Darts	7 Interbranch Darts 9am
8 NDL Semi Annuals 10 am	9 NDL 7pm	10 Pool league Crib 7pm	11 Tai Chi 10 am O/50 Darts & cards Band Practice - 7pm NBDL 7pm	12 O/50 dinner 5:30	13 Roast beef TBA Friday Night Fun Darts Yoga 9:30 am	14
15	16 Exercise 10am NDL 7pm	17 Pool league Crib 7pm	18 Tai Chi 10am O/50 Darts & cards Band Practice - 7pm NBDL 7pm	19 Executive Meet- ing 7pm	20 Schnitzel TBA Friday Night Fun Darts Yoga 9:30 am	21 Main Hall Booked
22 Tentative Dart Tournament	23 Exercise 10am NDL 7pm	24 Pool league Crib 7pm	25 Tai Chi 10 am O/50 Darts & cards Band Practice - 7pm NBDL 7pm	26	27 Dinner & Band TBA Friday Night Fun Darts Yoga 9:30 am	28 Scouting Social
29	30 Exercise 10 am NDL 7pm	31 Pool league				



LESLIE'S HEALTHY EATING CORNER

With the Holidays around the corner, there also comes a lot of calories. I thought I would change it up just for this month and give you two side dishes and one dessert that are all good for you and delicious at the same time.

ROASTED POTATOES - serves 4

2 tsp corn oil	3/4 cup chopped onion
1/2 cup chopped mushrooms	4 small potatoes cubed
1/2 tsp minced garlic	1/4 tsp black pepper
1/4 tsp coriander	1/4 tsp cinnamon
2 oz grated Parmesan cheese	

Preheat oven to 400 degrees F. Heat corn oil in a saute pan. Saute onion and mushrooms until golden brown. Add potato, garlic, black pepper, coriander, and cinnamon. Fry until slightly golden. Spray a baking sheet with nonstick, fat-free cooking spray. Spread contents of saute pan on baking sheet. Sprinkle with Parmesan cheese. Bake for 15-25 minutes.

SNAPPY BEANS - serves 2

2 cups whole green beans	2 tsp olive oil
2 tbsp green onion	2 garlic cloves minced
2 tbsp balsamic vinegar	2 pkg artificial sweetener
1/4 tsp dried tarragon	dash of garlic

Boil green beans until tender. Drain. Heat olive oil in a saute pan. Saute green onion and garlic until tender. Add balsamic vinegar, artificial sweetener, tarragon, and garlic. Bring to a boil and cook until the liquid is reduced by half. Add beans and heat thoroughly.

FRUIT CRISP - serves 4

6 small cooking apples	2 cups strawberries
2 tbsp artificial sweetener	1/2 tsp cinnamon
2 tbsp 100% pure orange juice	1 cup rolled oats
2 tsp soft, light margarine	2 cups frozen low-fat vanilla dairy dessert

Preheat oven to 350 degrees F. Peel, core and slice apples. Halve the strawberries. Toss the apple, strawberries, sweetener, cinnamon, and orange juice. Pour into a five-cup oven-safe dish. Combine rolled oats and margarine. Sprinkle evenly over fruit. Bake for 40-45 minutes or until golden brown and bubbly. Serve warm with frozen vanilla dairy dessert

BRANCH 445 WEBSITE

Comrades, as always, if you have any suggestions for improvements or items to add or things you would like to see on the site, please use the link to “email the webmaster” on the main page of the site at the bottom and let me know. Also, if you are interested in receiving your Bulletin by email, please click the [link](#) on the site to let us know. The Website is being updated often so check back periodically and see what’s new.
www.callanderlegion.ca

Yours in Comradeship, Caven Ford, Webmaster



SERVICE OFFICER

If any Veterans and/or dependents are in need of assistance please contact:

Patricia Burton at 705 476-4726

Remember Veterans, you do not have to be a Legion member in order to receive assistance.

Yours in Comradeship, Patricia Burton



PLEASE SEND US YOUR PHOTOS

Please send in any photos you may have of recent branch events. I would love to display them in the bulletin. Also if there is someone you want to recognize with a thank you message please do not hesitate to submit a request.

Thank you,

Joanna Jacobs, Bulletin Editor

Jacobs.joanna@gmail.com

If you have not received anything in the mail or had a telephone call from the branch then we may not have your correct address and/or phone number. Please complete the following and mail to the Branch or, better still, stop in and drop it off at the lounge.
Thank you.

Last Name: _____ First Name: _____

Street Address: _____

City: _____ Postal Code: _____



POPPY REPORT

Comrades our Poppy Campaign is over for another year. We were able to raise around \$10,000 for the immediate needs of our veterans. Thank you to everyone who volunteered and who donated. We will be putting out a report once all the funds are in. We are now looking to Christmas and will be out buying Christmas gifts for our Nipissing Manor veterans. Please take care and be safe, winter is upon us.

In comradeship, Brian Villeneuve and Nancy Clark



MEMBERSHIP REPORT

If you are one of the 60 people that haven't already paid their 2016 dues, you would have recently received a reminder letter. Please take the time to stop by the bar and pay or mail a cheque to the Branch. The costs is \$60 if you are under 65 years of age and \$50 if you are 65 years of age or older.

The bartender will provide you with a receipt. Once processed, your membership card will be placed at the bar for pick up. If you are out of town, or unable to get to the Branch, let me know and I will mail you your receipt and Membership card.

There are also several membership cards at the bar waiting to be picked up, so if you have already paid your dues and do not have your card, please stop in and pick it up. If there are any issues with picking up your card, please contact me and I will assist you.

We continue to receive and review new applications, they will be brought forward for a vote at the each General Meeting, with initiation to follow for successful applicants at a subsequent General Meeting.

If you have had any address or telephone numbers changes, please be sure to inform the Branch so that your contact information with our Branch and with Dominion Command can remain current. A few of the reminder letters were returned to the Branch undeliverable because the address was not current.

NOTE - If you paid your 2016 Dues at the bar on Tuesday September 6, 2016 and your receipt number is 786382, please contact myself or give your name to the bartender.

Yours in Comradeship,
Marc Picard, Membership Chair



Callander Legion Branch 445 Presents Our Annual

New Years Eve Celebration

Music by Blue Collar DJ

Doors open at 8pm

Late Lunch Buffet at 10:30pm

\$25 per person

Tickets available at the bar



Complimentary Shuttle Service Home!



"Piece of Mind"—Holiday Puzzles

Christmas Secret Shape

Find all the listed words in this grid - they can run in any direction, even backwards or diagonally, but always in a straight line. Then colour in the left-over letter squares to discover a hidden shape!

T	B	P	F	E	S	S	R	A	T	S	C	T	O	G
N	A	E	C	I	F	C	A	R	D	A	S	U	N	M
E	P	S	L	E	D	M	A	N	H	C	R	I	B	M
S	D	V	E	L	U	Y	X	T	T	T	S	I	L	A
E	E	B	W	I	S	H	A	U	R	A	E	P	V	R
R	E	F	W	S	M	D	L	W	V	A	N	S	E	I
P	C	R	I	A	F	J	P	Y	D	N	I	G	H	T
D	O	A	T	R	W	G	A	A	B	P	N	E	V	E
E	W	T	N	O	T	R	P	D	R	A	K	F	W	W
C	E	E	I	D	O	I	E	I	M	W	U	T	O	A
E	L	T	X	B	Y	N	R	L	U	N	O	B	L	E
M	G	S	E	M	S	C	H	O	R	S	E	V	L	E
B	N	O	K	R	A	H	A	H	D	O	V	E	S	E
E	I	P	E	E	H	S	T	N	E	M	A	N	R	O
R	J	B	E	T	H	L	E	H	E	M	E	R	C	Y

- | | |
|------------|-----------|
| AWE | NOBLE |
| BAUBLE | ORNAMENTS |
| BELLS | PAPER HAT |
| BETHLEHEM | PEAR |
| CANDY CANE | POST |
| CARD | PRESENT |
| CRIB | RITE |
| DECEMBER | ROBE |
| DOVES | SANTA |
| DRUM | SHEEP |
| ELVES | SILVER |
| EVE | SING |
| FAIR | SLED |
| FIR | STARS |
| FUN | SUN |
| GRINCH | TOP |
| HARK | TOYS |
| HOLIDAY | TRAYS |
| ICE | TREE |
| JINGLE | WISH |
| LIST | WRAP |
| MANGER | XMAS |
| MERCY | YULE |
| NIGHT | |

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Take a break this Holiday Season to clear your mind.

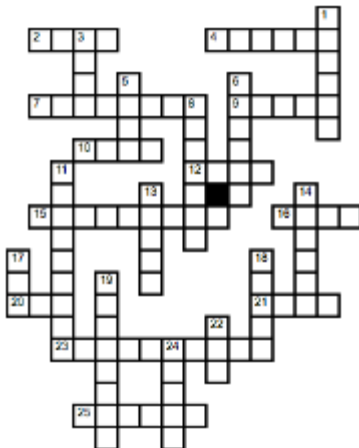
SUDOKU—EASY

7	9					3		
					6	9		
8				3			7	6
					5			2
		5	4	1	8	7		
4			7					
6	1			9				8
		2	3					
		9						5
								4

SUDOKU—MEDIUM

				6		7		
	7		9	4		3		
4								1
3	6							
		2	8		1	9		
						1		5
1								7
	3		5		8		9	
	5		4					

CHRISTMAS CAROL CROSSWORD



Across

2. "___ the Halls"
4. "Away in a ___"
7. "Rudolph the ___ Reindeer" (hyph.)
9. "Silent ___"
10. Go ___ It on the Mountain"
12. "___ Kalkimaka"
15. "God Rest Ye Merry ___"
16. "O ___ Night"
20. "All I Want for Christmas is ___"
21. "___ Christmas" (Wham!)
23. "I Saw Mommy Kissing ___" (2 words)
25. "Hark! the ___ Angels Sing"

Down

1. "___ the Snowman"
3. "Baby It's ___ Outside"
5. "The First ___"
6. "___ We Have Heard on High"
8. "The Little ___ Boy"
11. "___ Roasting on an Open Fire"
13. "___ Navidad"
14. "Christmas in ___" (Run-DMC)
17. "___ to the World"
18. "Carol of the ___"
19. "Grandma Got Run Over by a ___"
22. "Happy Xmas (___ is Over)"
24. "What ___ is This?"



BRANCH BAR HOURS

Monday thru Thursday: 1pm—9pm

Friday: noon—9pm

Saturday: noon—9pm

Sunday: 1pm—6pm

Phone: 705 752-1322

Don't forget that our deck is also licensed!

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Legion Supply Branch Flyer

Canada 150 Medal

The Royal Canadian Legion has struck this limited edition medal to commemorate our nation's 150th Anniversary. The freedom we enjoy continues to be provided through the sacrifices of those who have fallen in service to Canada.

Available to all Legion and Ladies Auxiliary members and branches commencing June 18th, 2016. Authorized for wear on all Legion and Ladies Auxiliary uniforms commencing January 1, 2017. Metal components are polished gold plated with hard enamel accents. 10" Lengths of additional ribbon are available separately for court mounting. Supplied in custom made boxes suitable for presentation.

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